

Let the Church Say

Amen

HOW

HEART OF WORSHIP

In All That We  
Do!

FEBRUARY 7, 2026



ST. LAURENCE  
Catholic Church

# WHERE HEAVEN MEETS EARTH; OUR PLACE IN THE EUCHARIST

Sisters and Brothers in Christ,

Welcome to the 19<sup>th</sup> Heart of Worship at St. Laurence Catholic Church. Today we are delighted to welcome to our celebration of the Heart of Worship, two dynamic speakers: Fr. Eurel Manzano, a son of St. Laurence, and Bishop Gary Janak of the Archdiocese of San Antonio, a native of El Campo.

First, we welcome Fr. Eurel Manzano, who is a priest of the Archdiocese and since 2020, has served as the Rector of St. Mary's Seminary here in Houston.

Next, we welcome Bishop Gary Janak of the Archdiocese of San Antonio. On May 14, 1988, Bishop Janak was ordained a priest at St. Anthony of Padua Church in Palacios by Bishop Charles Grahmann for the Diocese of Victoria. Pope Francis appointed Reverend Janak as an auxiliary bishop of San Antonio on February 15, 2021.

We all give thanks to God that you have chosen to spend some time with the St. Laurence Church community. We hope that your time with us as we celebrate the Heart of Worship offers you the chance to enrich and deepen your faith.

Our Mission statement states: We the people of St. Laurence Catholic Church are centered in the love of Christ and live to glorify God in all we do. As we come to celebrate this year's Heart of Worship, let us all come together to give glory to God in word and deed.

Best wishes,

Fr. Reginald Samuels



*Saturday, February 7, 2026*

*12:30 PM - 7:30 PM*

*Featuring:*

*FR. EUREL MANZANO AND BISHOP GARY JANAK*

*Mass Concelebrated By:*

*ARCHBISHOP JOE VASQUEZ, BISHOP GARY JANAK*

*AND FR. EUREL MANZANO*

*Praise and Worship:*

*ST. LAURENCE LIFE TEEN PRAISE GROUP*

*LED BY DR. KEVIN KLOTZ*

*FR. REGINALD SAMUELS, PASTOR*

*FR. RAJESH BABU, PAROCHIAL VICAR*

*FR. WAYNE LY, PAROCHIAL VICAR*

*DEACON REY ARELLANO, DEACON ROGER BONENO, DEACON DON BURNS,  
DEACON TIM CULLEN, DEACON DENNIS HENDERSON, DEACON PATRICK KINNICK,  
DEACON CHARLES PLANT, AND DEACON TOM RUCK*

# Heart of Worship 2026

Let the Church Say Amen . . .  
In All That We Do!

## Schedule

12:30 - 1:00 PM - CHECK IN (CHURCH NARTHEX)

1:00 - 1:20 PM - PRAISE AND WORSHIP (CHURCH)

1:20 - 1:30 PM - WELCOME: FR. REGINALD SAMUELS (CHURCH)

1:30 - 2:15 PM - SESSION 1: FR. EUREL MANZANO (CHURCH)

2:15 - 2:30 PM - BREAK

2:30 - 3:15 PM - SESSION 2: BISHOP GARY JANAK, JCL (CHURCH)

3:15 - 4:20 PM - DINNER

(IN THE PARISH HALL FOR THE ELDERLY AND LESS MOBILE, IN THE SCHOOL GYM)

4:20 - 4:40 PM - ROSARY (CHURCH)

4:40 - 4:55 PM - PRAISE AND WORSHIP (CHURCH)

5:00 - 6:00 PM - MASS (CHURCH)

6:00 - 6:30 PM - BREAK

6:30 - 7:30 PM - ADORATION (CHURCH)

# Our Speakers

## FR. EUREL MANZANO

RECTOR, PRIEST FORMATOR



Fr. Eurel Manzano currently serves as Rector of St. Mary's Seminary in the Archdiocese of Galveston-Houston, where he is also deeply involved in the formation of future priests. He has been Rector since July 2020, after previously serving on the seminary's formation faculty from July 2019 to June 2020.

Ordained for the Archdiocese of Galveston-Houston, his priestly ministry has included serving as Pastor of St. Theresa Catholic Church in Sugar Land from 2015-2019. Earlier assignments include Priest-Secretary and Master of

Ceremonies in the Office of the Cardinal (2013-2015) and Parochial Vicar at Prince of Peace Catholic Church (2011-2013). He also served as a transitional deacon at All Saints Catholic Church from 2010 to 2011.

He holds a Master of Arts in Divinity from the University of St. Thomas School of Theology in Houston (2011) and earned a Bachelor of Arts in Philosophy, magna cum laude, from Franciscan University of Steubenville in Ohio (2006).

## BISHOP GARY JANAK, JCL, AUXILIARY BISHOP, DIOCESE OF SAN ANTONIO



Bishop Gary Janak, born in El Campo, Texas on March 22, 1962, and raised in Palacios, Texas, is the third of four children born to Joe and Rose Marie Janak.

He was ordained a priest for the Diocese of Victoria in Texas on May 14, 1988, where he served as a pastor, chancellor, and vicar general. He was also one of the founders of and director of *The Emmaus Center*, the counseling and spiritual direction ministry for the Diocese of Victoria. He holds degrees in canon law, divinity, and counseling and is licensed by the State of Texas as a professional counselor.

On February 15, 2021, he was appointed by Pope Francis as auxiliary bishop for the Archdiocese of San Antonio and ordained to the episcopacy on April 20, 2021. He chose "*Give Your Servant a Listening Heart*" as his episcopal motto.

In the Archdiocese of San Antonio, he served as vocation director, in addition to his duties as auxiliary bishop and chancellor. On July 1, 2025, he was appointed as rector of Assumption Seminary.

# Praise and Worship Schedule

## PRAISE AND WORSHIP #1

1:00 - 1:20 PM

House of the Lord  
The Lion and the Lamb  
10,000 Reasons (Bless the Lord)  
Amen (Let the Church Say Amen)

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## PRAISE AND WORSHIP #2

4:40 - 4:55 PM

Your Love Awakens Me  
As for Me and My House  
With All My Heart  
It is Well

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## VIGIL MASS: 5<sup>TH</sup> SUNDAY IN

ORDINARY TIME (A)

5:00 - 6:00 PM

*Entrance:* Holy, Holy, Holy

*Responsorial:* Psalm 112

*Offertory:* We Are the Light of the World

*Communion 1:* We Come to You

*Communion 2:* King of Kings

*Sending Forth:* I Will Follow

## ADORATION

6:30 - 7:30 PM

*Exposition:* O Salutaris  
*Calling Down of the Holy Spirit:*  
Let It Rain

## EUCARISTIC PROCESSION

Great Are You Lord  
Build My Life  
I Speak Jesus  
Here's My Heart

## BENEDICTION

Tantum Ergo  
Divine Praises

## PRAISE AND THANKSGIVING

Blessed Be Your Name

# Praise and Worship: Session 1

## HOUSE OF THE LORD

We worship the God who was, we worship the God who is  
We worship the God who evermore will be  
He opened the prison doors, He parted the raging sea  
My God, He holds the victory, yeah

*There's joy in the house of the Lord, there's joy in the house of the Lord today  
And we won't be quiet, we shout out Your praise  
There's joy in the house of the Lord, our God is surely in this place  
And we won't be quiet, we shout out Your praise*

We sing to the God who heals, we sing to the God who saves  
We sing to the God who always makes a way  
He hung up on that cross, then He rose up from that grave  
My God's still rolling stones away

We were the beggars, now we're royalty  
We were the prisoners, now we're running free  
We are forgiven, accepted, redeemed by His grace  
Let the house of the Lord sing praise

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## THE LION AND THE LAMB

He's coming on the clouds, kings and kingdoms will bow down  
And every chain will break as broken hearts declare His praise  
For who can stop the Lord Almighty

*Our God is the Lion, the Lion of Judah  
He's roaring with power and fighting our battles  
And every knee will bow before Him  
Our God is the Lamb, the Lamb that was slain  
For the sins of the world His blood breaks the chains  
And every knee will bow before the Lion and the Lamb  
Every knee will bow before Him*

So open up the gates, make way before the King of kings  
The God who comes to save is here to set the captives free  
For who can stop the Lord Almighty

Who can stop the Lord Almighty, who can stop the Lord (Almighty)

CCLI Song # 7038281 Brenton Brown | Brian Johnson | Leeland Mooring © 2015 Meaux Mercy (Admin. by Capitol CMG Publishing) Thankyou Music (Admin. by Capitol CMG Publishing) The Devil Is A Liar! Publishing (Admin. by Capitol CMG Publishing) Bethel Music Publishing For use solely with the SongSelect Terms of Use. All rights reserved. [www.ccli.com](http://www.ccli.com) CCLI License # 1537284

## 10,000 REASONS (BLESS THE LORD)

*Bless the Lord, O my soul, O my soul*

*Worship His holy name*

*Sing like never before, O my soul*

*I'll worship Your holy name*

The sun comes up it's a new day dawning

It's time to sing Your song again

Whatever may pass and whatever lies before me

Let me be singing when the evening comes

You're rich in love and You're slow to anger

Your name is great and Your heart is kind

For all Your goodness I will keep on singing

Ten thousand reasons for my heart to find

And on that day when my strength is failing

The end draws near and my time has come

Still my soul will sing Your praise unending

Ten thousand years and then forevermore

CCLI Song # 6016351 Jonas Myrin | Matt Redman © 2011 Thankyou Music (Admin. by EMI Christian Music Publishing) Said And Done Music (Admin. by EMI Christian Music Publishing) sixsteps Music (Admin. by EMI Christian Music Publishing) SHOUT! Music Publishing (Admin. by EMI Christian Music Publishing) worshiptogether.com songs (Admin. by EMI Christian Music Publishing)  
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## AMEN (LET THE CHURCH SAY AMEN)

I believe that Christ is my Savior,

All for love He plundered my heart from the grave

This is the simple gospel

I believe that Christ is Redeemer, all for love He settled the payment of sin

This is the simple gospel, it will never ever change

*Let the church say amen, let the church say amen*

*Death is defeated, Jesus is risen*

*This is our faith, the good news of grace*

*O let the church say amen*

I believe that Christ is returning, evermore His Spirit is living in me

This is the simple gospel, it will never ever change

The lost will come home, the bound will go free,

The weak will be strong, the broken redeemed

The sick will be well, the hungry will feast,

The mourning will dance, the blinded will see

The church will arise with power and love, our cities will know the glory of God

The future is bright, there's nothing to fear, revival is now, the Kingdom is here

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# Praise and Worship: Session 2

## YOUR LOVE AWAKENS ME

There were walls between us  
By the cross You came and broke them down, You broke them down  
And there were chains around us  
By Your grace we are no longer bound, no longer bound

You called me out of the grave, You called me into the light  
You called my name and then my heart came alive

*Your love is greater, Your love is stronger  
Your love awakens, awakens me*

Feel the darkness shaking  
All the dead are coming back to life, I'm back to life  
Hear the song awaken, all creation singing we're alive  
'Cause You're alive

And what a love we've found, death can't hold us down  
We shout it out, we're alive 'cause You're alive

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## AS FOR ME AND MY HOUSE

Oh choose you this day whom you will serve  
The kingdom of heaven or the powers of earth  
Has He not spoken, have you not heard, there is but one true God

The God of our fathers set us free, His Son paid the price for our covenant peace  
Through generations His mercy speaks, we trust in one true God

*As for me and my house, we will serve, serve the Lord  
As for me and my house, we will serve the Lord, our God*

This house is the Lord's and all within, may it be pleasing and holy to Him  
Joined by His Spirit, His people sing, great is the one true God  
Oh great is the living God

Oh praise the Father, praise the Son, praise the Spirit now in us  
Let every heart and every tongue praise the one true God

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## WITH ALL MY HEART

Jesus my Savior, my brother, my friend, faithful companion with me till the end  
You are my refuge, my shelter, my peace  
Lord I will trust You in everything, I choose You

*With all my heart, with all my soul,  
With all my strength, I will love You Lord*

Pulling me closer with every breath, here in Your presence You lead me to rest  
Lord I surrender my life in Your hands  
This is my offering all that I am, I love You

I choose mercy, I choose love, I choose goodness, I choose You Lord  
I choose wonder, I choose joy, I choose freedom, I choose You Lord

CCLI Song # 7261762 Andrew Laubacher | Josh Blakesley | Sarah Kroger © 2025 Andrew Laubacher Designee; ECHO HARBOR MUSIC; Josh Blakesley Designee; Sarah Kroger Designee For use solely with the SongSelect® Terms of Use. All rights reserved. [www.ccli.com](http://www.ccli.com) CCLI License # 1537284

## IT IS WELL

Grander earth has quaked before, moved by the sound of His voice  
Seas that are shaken and stirred can be calmed and broken for my regard

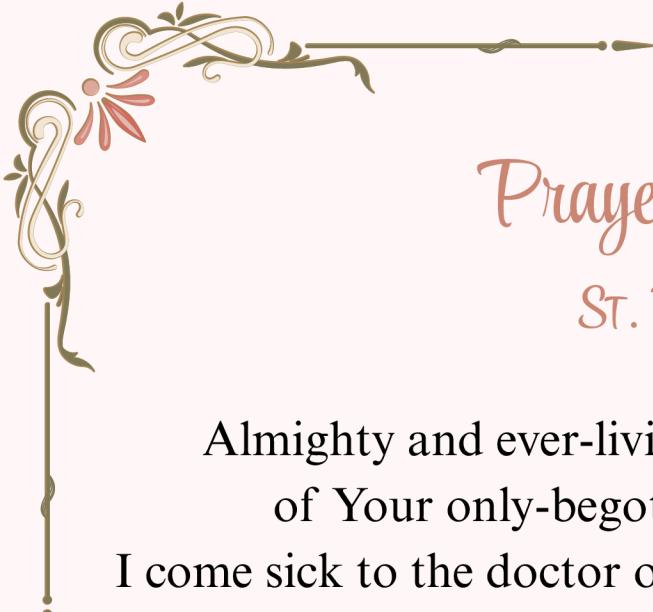
*Through it all, through it all, my eyes are on You  
Through it all, through it all it is well  
Through it all, through it all, my eyes are on You, it is well with me*

Far be it from me to not believe even when my eyes can't see  
And this mountain that's in front of me will be thrown into the midst of the sea

So let go my soul and trust in Him, the waves and wind still know His name

It is well with my soul, it is well with my soul  
It is well with my soul, it is well, it is well with my soul

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# Prayer Before Mass

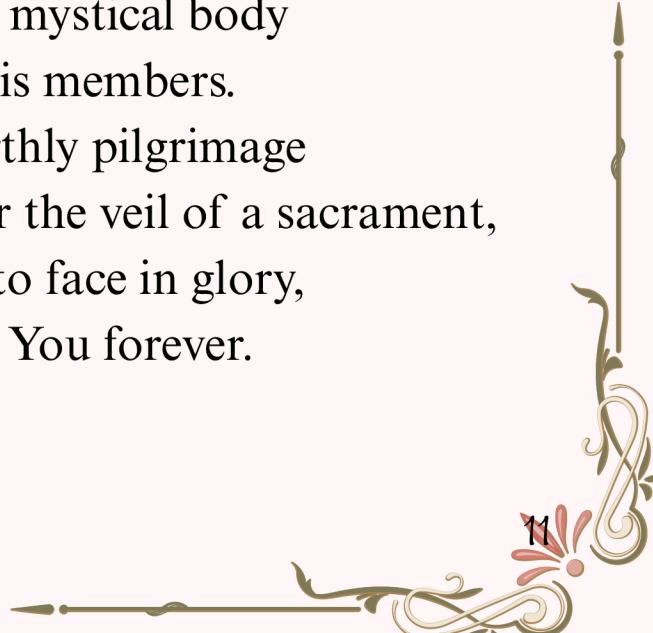
ST. THOMAS AQUINAS

Almighty and ever-living God, I approach the sacrament of Your only-begotten Son Our Lord Jesus Christ, I come sick to the doctor of life, unclean to the fountain of mercy, blind to the radiance of eternal light, and poor and needy to the Lord of heaven and earth. Lord, in your great generosity, heal my sickness, wash away my defilement, enlighten my blindness, enrich my poverty, and clothe my nakedness. May I receive the bread of angels, the King of kings and Lord of lords, with humble reverence, with the purity and faith, the repentance and love, and the determined purpose that will help to bring me to salvation.

May I receive the sacrament of the Lord's Body and Blood, and its reality and power. Kind God, may I receive the Body of Your only-begotten Son, our Lord Jesus Christ, born from the womb of the Virgin Mary, and so be received into His mystical body and numbered among His members.

Loving Father, as on my earthly pilgrimage I now receive Your beloved Son under the veil of a sacrament, may I one day see him face to face in glory, who lives and reigns with You forever.

Amen



# Mass

## FIFTH SUNDAY IN ORDINARY TIME: YEAR A

### HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord God Almighty  
Early in the morning our song shall rise to Thee  
Holy, Holy, Holy, merciful and mighty  
God in three Persons, blessed Trinity

Holy, Holy, Holy, all the saints adore Thee  
Casting down their golden crowns around the glassy sea  
Cherubim and seraphim falling down before Thee  
God everlasting through eternity

*From the cradle to the cross, God with us, God with us  
For this broken world You love, God with us, God with us  
You gave up Your only Son, God with us, God with us  
So that all the world will know our God with us*

Holy, Holy, Holy, Lord God Almighty  
All Thy works shall praise Thy name in earth and sky and sea  
Holy, Holy, Holy, merciful and mighty  
God in three Persons, blessed Trinity

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### PSALM 112

The just man is a light in darkness to the upright.

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## WE ARE THE LIGHT OF THE WORLD

Blessed are they who are poor in spirit, theirs is the kingdom of God.  
Bless us, O Lord, make us poor in spirit.  
Bless us, O Lord, our God.

*We are the light of the world, may our light shine before all,  
That they may see the good that we do, and give glory to God.*

Blessed are they who are meek and humble, they will inherit the earth.  
Bless us, O Lord, make us meek and humble.  
Bless us, O Lord, our God.

Blessed are they who will mourn in sorrow, they will be comforted.  
Bless us, O Lord, when we share their sorrow.  
Bless us, O Lord, our God.

Bless those who hunger and thirst for justice, they will be satisfied.  
Bless us, O Lord, hear our cry for justice.  
Bless us, O Lord, our God.

Blessed are they who show others mercy, they will know mercy too.  
Bless us, O Lord, hear our cry for mercy.  
Bless us, O Lord, our God.

Text: Matthew 5:3-11, 14-16; Jean A. Greif, 1898-1981 Tune: Jean A. Greif, 1898, 1981

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## WE COME TO YOU

By Your body and blood, by Your life and Your love; renew us  
May Your sacrifice be, forgiveness in me; heal us

*We come to You, we come to You, broken, hungry  
We come to You, we come to You, make us whole again*

In the body of Christ we are brought to new life; restore us  
May the flesh that we eat and the blood that we drink, save us

By the faith we profess, and the sins we confess, mold us  
We are brought to our knees at the altar of peace; change us.

May the Word we receive be the faith we believe; teach us  
With these mysteries draw us into the feast; feed us

May the sacred prepare our hearts here laid bare; fill us  
By our lives we declare the Spirit we share; send us

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## KING OF KINGS

In the darkness we were waiting, without hope, without light  
Till from Heaven You came running, there was mercy in Your eyes  
To fulfil the law and prophets, to a virgin came the Word  
From a throne of endless glory, to a cradle in the dirt

*Praise the Father, praise the Son, praise the Spirit, three in one  
God of Glory, majesty, praise forever to the King of kings*

To reveal the kingdom coming and to reconcile the lost  
To redeem the whole creation, You did not despise the cross  
For even in Your suffering, You saw to the other side  
Knowing this was our salvation, Jesus for our sake You died

And the morning that You rose, all of heaven held its breath  
Till that stone was moved for good, for the Lamb had conquered death  
And the dead rose from their tombs, and the angels stood in awe  
For the souls of all who'd come, to the Father are restored

And the Church of Christ was born, then the Spirit lit the flame  
Now this Gospel truth of old shall not kneel, shall not faint  
By His blood and in His Name, in His freedom I am free  
For the love of Jesus Christ who has resurrected me

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## I WILL FOLLOW

*Where You go I'll go, where You stay I'll stay,  
When You move I'll move, I will follow  
Whom You love I'll love, how You serve I'll serve,  
If this life I lose, I will follow You, yeah, I will follow You, yeah*

All Your ways are good, all Your ways are sure, I will trust in You alone  
Higher than my sight, high above my life, I will trust in You alone

Light into the world, light into my life, I will live for You alone  
You're the One I seek, knowing I will find all I need in You alone, In You alone

In You there's life everlasting, in You there's freedom for my soul  
In You there's joy, unending joy, and I will follow

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# Adoration

## O SALUTARIS

O salutáris hóstia,  
Quae caeli pandis óstium:  
Bella premunt hostília,  
Da robur fer auxilium.

Uni trinóque Dómino  
Sit sempitérna glória:  
Qui vitam sinetérmino  
Nobis donet in pátria.

English Translation: Gather Hymnal, #137  
Text: Thomas Aquinas, c.1225–1274; tr. by Edward Caswall, 1814–1878 and John Mason Neale, 1818–1866, alt.  
Tune: DUGUET, LM; Dieudonné Duguet, 1794–1849

## LET IT RAIN

Let it rain, let it rain; open the floodgates of Heaven.

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## GREAT ARE YOU LORD

You give life, You are love, You bring light to the darkness  
You give hope, You restore ev'ry heart that is broken, and great are You Lord

*It's Your breath in our lungs, so we pour out our praise, we pour out our praise  
It's Your breath in our lungs, so we pour out our praise to You only*

And all the earth will shout Your praise, our hearts will cry, these bones will sing  
Great are You Lord

CCLI Song # 6460220 David Leonard | Jason Ingram | Leslie Jordan © 2012 Integrity's Alleluia! Music (Admin. by Capitol CMG Publishing (Integrity Music [DC Cook])) Integrity's Praise! Music (Admin. by Capitol CMG Publishing (Integrity Music [DC Cook])) Open Hands Music (Admin. by Essential Music Publishing LLC) So Essential Tunes (Admin. by Essential Music Publishing LLC) For use solely with the SongSelect® Terms of Use. All rights reserved. [www.ccli.com](http://www.ccli.com) CCLI License # 1537284

## BUILD MY LIFE

Worthy of ev'ry song we could ever sing  
Worthy of all the praise we could ever bring  
Worthy of ev'ry breath we could ever breathe, we live for You

Jesus, the name above ev'ry other name, Jesus, the only one who could ever save  
Worthy of ev'ry breath we could ever breathe, we live for You, we live for You

*Holy, there is no one like You, there is none besides You  
Open up my eyes in wonder and show me who You are  
And fill me with Your heart and lead me in Your love to those around me*

I will build my life upon Your love, it is a firm foundation  
I will put my trust in You alone, and I will not be shaken

CCLI Song # 7070345 Brett Younker | Karl Martin | Kirby Elizabeth Kaple | Matt Redman | Pat Barrett © 2016 Kaple Music (Admin. by Bethel Music Publishing) Capitol CMG Genesis (Admin. by Capitol CMG Publishing) Housefires Sounds (Admin. by Capitol CMG Publishing) Said And Done Music (Admin. by Capitol CMG Publishing) sixsteps Music (Admin. by Capitol CMG Publishing) Thankyou Music (Admin. by Capitol CMG Publishing) [worshiptogether.com](http://worshiptogether.com) songs (Admin. by Capitol CMG Publishing) Bethel Music Publishing Remaining portion is unaffiliated For use solely with the SongSelect® [Terms of Use](#). All rights reserved. [www.ccli.com](http://www.ccli.com) CCLI License # 1537284

## **I SPEAK JESUS**

I just want to speak the Name of Jesus  
Over ev'ry heart and ev'ry mind  
'Cause I know there is peace within Your presence, I speak Jesus

I just want to speak the Name of Jesus  
'Til ev'ry dark addiction starts to break  
Declaring there is hope and there is freedom, I speak Jesus

*Your Name is power  
Your Name is healing, Your Name is life  
Break ev'ry stronghold, shine through the shadows  
Burn like a fire*

I just want to speak the Name of Jesus  
Over fear and all anxiety  
To ev'ry soul held captive by depression, I speak Jesus

Shout Jesus from the mountains, Jesus in the streets  
Jesus in the darkness over ev'ry enemy  
Jesus for my fam'ly, I speak the holy Name, Jesus

CCLI Song # 7136201 Abby Benton | Carlene Prince | Dustin Smith | Jesse Reeves | Kristen Dutton | Raina Pratt © 2019 Here Be Lions Publishing (Admin. by Integrity Music) Integrity's Praise! Music (Admin. by Integrity Music) BEC Worship (Admin. by Music Services, Inc.) Raina Pratt publishing designee (Admin. by Music Services, Inc.) Worship Coalition Songs (Admin. by Music Services, Inc.) WriterWrong Music (Admin. by Music Services, Inc. For use solely with the SongSelect® [Terms of Use](#). All rights reserved. [www.ccli.com](http://www.ccli.com) CCLI License # 1537284

## **HERE'S MY HEART**

*Here's my heart, Lord, speak what is true*

'Cause I am found, I am Yours, I am loved, I'm made pure  
I have life, I can breathe, I am healed, I am free

'Cause You are strong, You are sure, You are life, You endure  
You are good, always true, You are light breaking through

**You are more than enough, You are here, You are love  
You are hope, You are grace, You're all I have, You're everything**

CCLI Song # 6517898 Chris Tomlin | Jason Ingram | Louie Giglio © S. D. G. Publishing (Admin. by Capitol CMG Publishing) sixsteps Music (Admin. by Capitol CMG Publishing) Sixsteps Songs (Admin. by Capitol CMG Publishing) Worship Together Music (Admin. by Capitol CMG Publishing) [worshiptogether.com](http://worshiptogether.com) songs (Admin. by Capitol CMG Publishing) Open Hands Music (Admin. by Essential Music Publishing LLC) So Essential Tunes (Admin. by Essential Music Publishing LLC) For use solely with the SongSelect® [Terms of Use](#). All rights reserved. [www.ccli.com](http://www.ccli.com) CCLI License # 1537284

## TANTUM ERGO

Tantum ergo Sacraméntum Venerémur cérnui:  
Et antiquum documéntum Novo cedat ritui:  
Praestet fides suppleméntum Sénsuum deféctui.

Genitóri, Genitóque Laus et jubilátio,  
Salus, honor, virtus quoque Sit et benedictio:  
Procedénti ab utróque Compar sit laudátio.

English Translation: Gather Hymnal, #139

Text: 87 87 87; Tantum ergo; St. Thomas Aquinas, 1227–1274; tr. by Harry Hagan, OSB, b. 1947, © 1990, St. Meinrad Archabbey. Published by OCP. All rights reserved. Music: ST. THOMAS (TANTUM ERGO); John F. Wade, 1711–1786.

# Praise and Thanksgiving

## BLESSED BE YOUR NAME

Blessed be Your name in the land that is plentiful,  
Where Your streams of abundance flow, blessed be Your name.  
Blessed be Your name when I'm found in the desert place,  
Though I walk through the wilderness, blessed be Your name.

Ev'ry blessing You pour out I'll turn back to praise.  
When the darkness closes in, Lord, still I will say,

*“Blessed be the name of the Lord, blessed be Your name.  
Blessed be the name of the Lord, blessed be your glorious name.”*

Blessed be Your name when the sun's shining down on me,  
When the world's “all as it should be,” blessed be Your name.  
Blessed be Your name on the road marked with suffering,  
Though there's pain in the offering, blessed be Your name.

You give and take away, You give and take away,  
My heart will choose to say, “Lord, Blessed be Your name.”

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# Notes

# Notes

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*Jesus said to them, “Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day.” John 6:53-54*



# Post Event Feedback

## Survey 2026

WE'LL LOVE TO HEAR FROM YOU!



HOW WAS YOUR HEART OF WORSHIP EXPERIENCE? PLEASE  
SCAN HERE TO COMPLETE A BRIEF EVALUATION.

# Lent at St. Laurence



## Stations of the Cross

Fridays in Lent, in the Church  
6:30 pm - Liturgy of the Hours  
7:00 pm - Stations of the Cross

## Knights of Columbus Fish Fry

Fridays in Lent in the Parish Hall  
5:00 - 8:00 pm  
\$15/adult, \$5/kids  
[stlaurence.org/fish-fry](http://stlaurence.org/fish-fry)

## The Giving Tree

Social Concerns Lenten Drive  
Donate Household Supplies  
February 21-22 and  
February 28 - March 1  
[stlaurence.org/the-giving-tree](http://stlaurence.org/the-giving-tree)

## Christian Meditation

Introduction to  
Christian Meditation  
7 pm Thursdays in Lent  
Begins March 6th  
[stlaurence.org/christian-meditation](http://stlaurence.org/christian-meditation)

## Lenten Confessions

February 26, 2026  
6:30 - 9:00 pm in the Church  
15 priests available to hear  
confessions  
[stlaurence.org/fish-fry](http://stlaurence.org/fish-fry)

## Adoration this Lent

Invite a friend for a Holy Hour!  
Chapel of Divine Mercy  
[stlaurence.org/adoration](http://stlaurence.org/adoration)

## St. Laurence Men's Lenten Retreat

March 20-22, 2026  
Holy Name Passionist Retreat  
Center  
[stlaurence.org/mens-retreat](http://stlaurence.org/mens-retreat)

## Vietnamese Family Lenten Retreat

“Enter Thru the Narrow Gate”  
Featuring: Fr. Nguyen Sang  
March 14, 2026  
[stlaurence.org/vietnamese-community](http://stlaurence.org/vietnamese-community)

## Pray the Rosary

[stlaurence.org/pray-the-rosary](http://stlaurence.org/pray-the-rosary)  
Friday Family Rosary at 8:00 pm  
Friday Morning Rosary  
at 6:30 am  
Saturday Morning Rosary  
at 7:30 am

Before Noon Mass in Lent  
Monday, Tuesday, Thursday, and  
Friday. Friday will be livestreamed.

Rosary for the Preborn  
2<sup>nd</sup> Sundays at 12:15 pm

## Ash Wednesday is February 18th!

Schedule and more info:  
[stlaurence.org/lenten-season](http://stlaurence.org/lenten-season)





# Prepare Your Heart this Lent

*"A clean heart create for me O Lord, and a steadfast spirit renew within me" Psalm 51:10*

## Resources for Embracing Lent

### **Ascension Crux: Daily Lenten Meditations**

By Fr. Columba Jordan

This devotional is an all-in-one Crux experience designed to help you implement the daily four disciplines: daily physical exercise, a dietary fast, daily reading of Scripture, and a nightly Examen. The devotional will help you pray, meditate, and surrender yourself to God, prompting you to respond through prayer and practical action.

### **Best Lent Ever**

Dynamic Catholic

Each day of Lent, you'll receive a short, free video from Matthew Kelly full of profound spiritual insight and intensely practical ways to apply the consecration to your life. With three simple daily steps, you can prepare your heart, mind, and soul for this powerful experience. An essential companion to Best Lent Ever is *33 Days of Miracles, Wonders and Grace*.

### **FORMED**

**HOW TO LENT** lays out a roadmap for entering the season with a purpose.

**FORETOLD** weaves together the Old and New Testament stories, highlighting their connecting threads of prophecy and fulfillment.

### **Lenten Gospel Reflections**

By Bishop Robert Barron

Bishop Robert Barron invites readers to enter more deeply into the prayerful nature of the season. These reflections feature the full Gospel reading for each day of Lent, a daily reflection, space for journaling and answering reflection questions, and more!



Find more information and web links at  
[stlaurence.org/lenten-season](http://stlaurence.org/lenten-season)

### **Living Lent Daily**

Loyola Press

Discover a vibrant friendship with Jesus this Lent. *Living Lent Daily* takes reflections on the Sunday readings by familiar Loyola Press writers, and this Lenten e-mail series provides a framework for a Lent that will lead to a deeper relationship with Christ.

### **Return to Joy**

Renew International

*Return to Joy* is a daily Lenten companion meant to invite readers to slow down, breathe deeply, and rediscover the nearness of God. The daily Gospel readings, heartfelt reflections, and simple practices will guide you on a pilgrimage of the heart, a journey back to stillness, grace, and joy.

### **Praying Lent**

**Renewing Our Lives on the Lenten Journey**

By: Andy Alexander, SJ and Maureen McCann Waldron

*Praying Lent* reminds the reader that if we focus too much on what we give up we may miss the message of what God wants to give us during this grace filled time. *Praying Lent* provides readers with a rich, full, and transformative Lenten prayer experience, one in which hearts, minds, and lives are truly renewed as Lent takes on a far deeper and more meaningful purpose.

### **Witness**

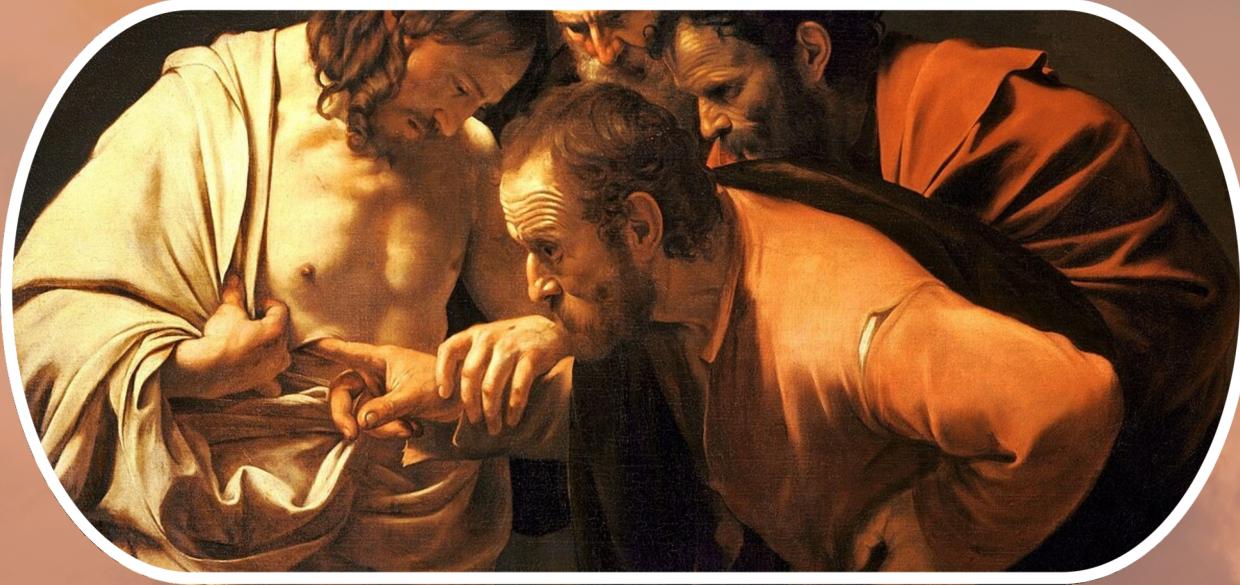
**A Guided Lent Journal for Prayer and Meditation**

By Fr. Patrick Mary Briscoe, OP

*Witness* brings you face-to-face with the people of the Bible who encountered Christ in his Passion—saints and sinners, friends and enemies, the faithful and the afraid. From the Good Thief to Pontius Pilate, Martha to Barabbas, these figures reveal the depths of the human heart—flawed, fearful, hopeful, and deeply loved.



# HEALING THE WHOLE PERSON



Starting Monday, February 23, 2026  
6:30-9:00 pm | Guardian Angels Hall  
Cost: \$40.00

Spiritual Direction and Adult Faith Formation partner to bring you **Healing the Whole Person**, facilitated by Danielle Noonan. In this exclusive 8-part video series, Dr. Bob Schuchts and Sr. Miriam James Heidland expand upon the teachings from the JPII Healing Center's weekend healing conferences—leading you on a journey to encounter Jesus like never before and allow Him to transform your wounds into avenues of grace & blessing.



To register and pay go to [stlaurence.org/healing](http://stlaurence.org/healing)



For more info contact Anne Marie Daniel at [adaniel@stlaurence.org](mailto:adaniel@stlaurence.org)

3103 Sweetwater Blvd. | Sugar Land, TX | 77479

*Save  
THE  
Date*

**St. Laurence Bazaar**

**October 3 & 4, 2026**



# Campus Map

